



Garlinge Primary School and Nursery

Year 5 – Lessons about puberty.

Monday 22nd April 2024

Dear Parents and Carers of pupils in Year 5,

During Term 6, Year 5 will be learning about the differences between boys and girls and how their bodies change when they enter puberty. They will consider and discuss the changes boys and girls go through, physically and emotionally, including physical changes such as the menstrual cycle. These lessons will be taught as a whole class and as single-sex classes (at teacher discretion), through both Science and PSHE. Prior to these lessons, you may wish to discuss with your child some of the topics that will be taught.

If you would like to discuss any areas with me before the lessons take place, then please feel free to contact the school office to make an appointment or email me at 5D@garlinge.kent.sch.uk. Alternatively, please email your child's class teacher on their class emails. In addition to this, there will be a parent meeting, in class 5D on Tuesday 21st May 2024 at 3.25pm, where should you wish to attend, questions can be answered.

Yours faithfully,

Miss J Keohane
PSHE Co-ordinator
