

# YOUR MENU THIS WEEK

WEEK THREE

WEEK COMMENCING

07/10/2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margherita pizza (gluten, milk, soya, may contain egg) (v)	Creamy chicken & sweetcorn carbonara (gluten, milk)	Minced beef & Yorkshire with gravy (egg, gluten, milk)	Beef burger In a bun (gluten, soya, sulphites, may contain sesame)	fish fngers (fish, gluten)
MAIN MEAL TWO	Bean burger (gluten, may contain sesame) (vg)	Mac n cheese (gluten, milk) (v)	Meat free sausage with gravy (soya) (vg)	Veggie pasta bake (gluten) (vg)	Cauliflower cheese (gluten, milk) (v)
SIDES	Baked potato wedges, coleslaw (egg) baked beans, Homemade bread (gluten, milk, soya, may contain egg) Salad	Broccoli Carrots, crusty bread (gluten, may contain soya) Salad	Roast potatoes Winter roots, cabbage Homemade bread (gluten, milk, soya, may contain egg) Salad	Potato wedges Sweetcorn Baked beans, Homemade bread (gluten, milk, soya, may contain egg) Salad	Chips, peas, Homemade bread (gluten, milk, soya, may contain egg) Salad
PUDDINGS	Oat cookie (gluten) (vg)	Iced sponge (egg, gluten, milk, soya) (v)	Yoghurt (milk)	Fruit crumble (gluten) & custard (milk)(v)	Mandarin jelly (v)

Available daily

Jacket potatoes with beans, cheese (milk), fresh fruit v – vegetarian vg - vegan

\*MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE\*

