

YOUR MENU THIS WEEK

WEEK ONE

WEEK COMMENCING

14/10/2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margherita pizza (gluten, milk, soya, may contain egg) (v)	Butter Chicken with rice (milk)	Sausage toad & gravy (egg, gluten, milk sulphites)	Beef bolognese & pasta (gluten)	Fish fingers (fish, gluten)
MAIN MEAL TWO	Salmon fishcake (fish (salmon) gluten)	Mac n cheese (gluten, milk) (v)	Meatfree mince & Yorkshire (egg, gluten, milk, soya) (vg)	Five bean chilli Nachos (gluten) (v)	Herby lentil flatbread (gluten, milk, soya, may contain egg) (v)
SIDES	Baked potato Wedges Baked beans, Homemade bread (gluten, milk, soya, may contain egg) Salad	Sweetcorn, Tomato & garlic bread (gluten, milk, soya, may contain egg) Salad	Roast potatoes, Winter veg medley, Crusty bread (gluten, may contain soya) Salad	Sweetcorn, green beans, Homemade bread (gluten, milk, soya, may contain egg) Salad	Chips, peas, Homemade bread (gluten, milk, soya, may contain egg) Salad
PUDDINGS	Flapjack with apple (gluten) (vg)	Chocolate biscuit (milk, gluten) (v)	Ice cream (milk) (v)	Sticky apple cake (egg, gluten, milk, soya) (v)	Raspberry buns (gluten, Milk)

Available daily

Jacket potatoes with beans, cheese (milk), fresh fruit v- vegetarian vg - vegan

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

